CHALLENGE COURSE INFORMATION

- Challenge course may only be used when led by trained staff.
- Staff-led challenge course will always include spiritual emphasis.
- Deposit is needed in advance when only scheduling the use of the challenge course.
- Each participant must have a signed release form.
- Persons will use at their own risk.
- In the event of inclement weather, date and deposit may be changed to another date within two month.
- High elements are only available for ages 12 and older.
- Challenge course must be scheduled several days in advance.

GENERAL RETREAT POLICIES

Woodcrest Retreat desires to bring Honor and Glory to God. Therefore we have established the following policies to show respect to both God and others.

- Quiet hours: 11:00 PM 7:00 AM.
 - Also, during the day, please respect other retreat guests and their activities.
- Modesty expected.
 - Females: Required swimwear is a modest one-piece or tankini that covers the mid-rift. Coverups and footwear must be worn when away from water activities.
 - ups and rootwear must be worn when away from water activities.
 - Males: Swimwear is to reach mid thigh and a shirt and footwear must be worn when away from water activities. Exception: When a game requires one team to go shirtless.
 - Children: Play clothes or cover-ups and footwear must be worn when away from water
 - activities.
- Please allow flowers, plants and animals to remain in their natural environment.
- Please help us conserve energy by avoiding excessive use of electricity.
- Alcoholic beverages and illegal drugs are prohibited.
- Smoking is discouraged and is <u>not</u> permitted in buildings or pavilions.
- Pets discouraged. Small pets are permitted if kept quiet and on a leash at all times. No pets are permitted in any buildings. Clean up after your pet.
- ATV's and dirt bikes are not permitted on retreat property.
- Firearms and fireworks are prohibited.
- Volleyball courts and baseball diamonds are for all retreat users and are on a first-come basis. Please limit play to 1 1/2 hours.
- Report all maintenance needs to the office.
- Bike riding is permitted from 7:00 AM to dusk. Please stay off concrete walk at Indian Rock Center. Follow PA bike helmet guidelines. Failure to do so is at your own risk.
- All fires must be built in rings provided, and attended at all times. Make sure the fire is out before retiring for the night.